

Residential: Behavioral Interventions

According to the DHS/DCFS Contract, Part II. E. General Requirements,

7. Emergency Safety Intervention

f. The Contractor shall comply with the following limitations on the use of specific intrusive behavioral interventions:

(1) Staff Directed Time Out: Application of time-out includes:

(a) A Client in time-out must never be physically controlled to prevent leaving the time out area;

(b) Time-out may take place away from the area of activity or from other Clients, such as in the Client's room, or in the area of activity or other Clients; and

(c) Staff must monitor the Client while he or she is in time-out.

(2) Seclusion:

(a) The Client must be kept in continuous visual contact by staff the entire time the procedure is employed;

(b) The Contractor must have policies that clearly describe how a resistive Client is to be transported to seclusion rooms;

(c) Immediate access to the seclusion room must not be solely dependent upon the use of a key or other mechanical device; and

(d) The use of seclusion is prohibited in a proctor home or other family home based setting.

(3) Mechanical or Chemical Restraints: The use of mechanical and chemical restraints is prohibited unless there has been prior approval from the DHS/OL and the Division director.

g. When any intrusive behavioral intervention results in physical injury to the Client or staff, the appropriate Division shall be notified within one hour.

h. Within one hour after the use of an intrusive behavioral intervention, the staff person who implemented the procedure shall complete a written incident report as required by current DHS/DJJS Incident Report Reference Guide (<http://www.hspolicy.utah.gov>, DHS/DJJS Policy Section 5). The report should be reviewed and approved by the Contractor's program director or designee. A copy of the report shall be sent to the Case Manager within two days of the incident. The report shall contain, at a minimum, the following information:

(1) Description of the intervention employed, including beginning and ending times;

(2) Description of the Client's behavior necessitating the use of the intervention;

(3) Description of any less intrusive interventions used to resolve the behavioral crisis;

(4) Why the procedure was judged necessary;

(5) Assessment of the likelihood the behavior necessitating the intervention shall reoccur; and

(6) Description of any injury to Client or staff.

i. Notification of Emergency Behavioral Intervention: The Contractor shall:

(1) Notify the Case Manager of the Client who has been restrained or placed in seclusion within 24 hours after the initiation of each emergency safety intervention.

(2) Document in the Client's record that the Division has been notified of the emergency safety intervention, including the date and time of notification, the name of the Division staff receiving the notification, and the name of the Contractor's staff person providing the notification.

(3) Complete a written incident report regarding the use of all intrusive behavioral interventions shall be kept in the Client's file and/or the Home-to-Home Packet/Traveling File.